

Stress-free holiday: the pre-departure checklist

Tick off these points before you leave and enjoy your stay with greater peace of mind.



Your Holiday Starts Before You Leave

How many times have you started a holiday worrying that you had forgotten something? Documents, bookings, luggage, hotel details... Good organisation is not boring: it is the foundation of a truly relaxing holiday. This guide helps you tick off everything you need, step by step, without stress. Because peace of mind begins before you leave.



Documents and Bookings Checklist

The foundation of a worry-free holiday

ESSENTIAL DOCUMENTS

- Identity document (passport, ID card)
- Health card / European Health Insurance Card
- Driving licence
- Flight/train tickets (paper or digital)
- Hotel/apartment booking (email confirmation)
- Travel insurance (if purchased)

ONLINE BOOKINGS

- Hotel account access (username and password saved)
- Booking number and hotel contact
- Confirmation of all extra services booked
- Maps and directions to reach the property

IMPORTANT CONTACTS

- Hotel/apartment phone number
- Local emergency number
- Travel insurance contact
- Bank emergency number (if cards are lost)



Smart Packing Checklist

Bring only what you need, without forgetting the essentials.

CLOTHING

- Swimwear (at least 2)
- Light T-shirts and tops
- Comfortable trousers/shorts
- Outfit for dinner out
- Light jacket or cardigan
- Comfortable walking shoes
- Flip-flops/sandals
- Underwear (7 days)
- Pyjamas

HYGIENE AND PERSONAL CARE

- Toothbrush and toothpaste
- Deodorant
- Shampoo/shower gel (or use the hotel's)
- Sunscreen (SPF 30+)
- After-sun lotion
- Make-up and beauty tools
- Comb/brush
- Pads/tampons (if needed)

BEACH AND SEA

- Beach towel
- Bathrobe
- Sunglasses
- Hat/cap
- Beach bag
- Water shoes

HEALTH AND MEDICINES

- Personal medicines (in original packaging)
- Plasters and disinfectant
- Painkiller
- Antacid/probiotics
- Antihistamine (allergies)
- Glasses/contact lenses + solution

Hotel Checklist: What to Check Before You Arrive

Contact the hotel 48 hours in advance to confirm these details.

- To do 48 hours before:** Review this list carefully and contact the hotel to clarify any doubts. A call in advance can solve many unexpected issues!

ASK THE HOTEL 48 HOURS BEFORE

- Check-in time (usually 2:00–3:00 p.m.)
- Check-out time (usually 10:00–11:00 a.m.)
- Possibility of early check-in or late check-out
- Where to park (spaces, rates, reservation)
- Beach access (umbrella included? reservation?)
- Breakfast included? Times?
- Wi-Fi password
- Internal phone number for emergencies
- Available services (gym, pool, entertainment)
- Pet policy (if applicable)

PROPERTY INFORMATION

- Exact address and phone number
- Directions from the entrance to the parking area
- Property map (if available online)
- Room number (if booked in advance)
- Available extra services and related costs

TRANSPORT AND ACCESS

- Directions from your starting point
- Estimated travel time
- Parking: free, paid, or affiliated
- Airport shuttle (if available)
- Local taxi/car rental contact

Transport, Parking and Timing Checklist

Plan your journey in detail to avoid surprises.

FLIGHT / TRAIN

- Booking number and confirmation
- Departure and arrival time
- Hand luggage: allowed weight and size
- Checked luggage: number of bags included
- Travel documents (passport, ID card)
- Arrive at airport/station 2–3 hours early
- Airline/railway company phone number

PARKING

- Parking booked at the hotel
- Daily/weekly rates
- 24/7 parking access
- Up-to-date car insurance
- Number plate and car documents at hand

NAVIGATION

- Download maps offline (Google Maps, Apple Maps)
- Save the hotel address in favourites
- Hotel phone number for road emergencies
- Roadside assistance number (if subscribed)

To check on departure day

Review your final checklist carefully to make sure every detail is covered and enjoy a worry-free journey.



Health, Medicines and Food Checklist

Protect your health during the holiday.



MEDICINES AND REMEDIES

- Personal medicines in original packaging
- Medical prescriptions (if needed for medicines)
- Painkiller (paracetamol, ibuprofen)
- Antacid/probiotics
- Anti-diarrhoeal medicine
- Antihistamine (allergies)
- Eye drops (if needed)
- Plasters and disinfectant
- Sterile gauze and bandages
- Thermometer
- Spray for insect bites



MEDICAL INFORMATION

- Family doctor phone number
- Local emergency number (112 in Italy)
- Nearest hospital to the hotel
- 24/7 pharmacy near the hotel
- Travel insurance number
- Copy of health card
- Documented allergies and intolerances



FOOD AND INTOLERANCES

- List of food intolerances/allergies
- Photos of labels of forbidden foods (for communication)
- Safe snacks to bring from home
- Contact restaurants offering suitable dishes
- Translation of your dietary needs into English
- Bottled water (if recommended)
- Probiotics (if recommended by your doctor)



SUN AND HEAT PROTECTION

- Sunscreen SPF 30+ (minimum)
- Soothing after-sun lotion
- Hat and sunglasses
- Light, breathable clothing
- Reusable water bottle
- Mineral salt supplements (if needed)



Experiences Checklist: What to Book in Advance

Plan your activities in advance so you do not miss the best opportunities.



ACTIVITIES AND TOURS



- Boat trips (if interested)
- Windsurfing or water sports lessons
- Guided city tours
- Visits to museums or historic sites
- Dinners at special restaurants (reservation)
- Summer shows or concerts
- Water parks or amusement parks
- Bike rental
- Local cooking classes



BEACH AND SEA



- Beach umbrella and sunbeds (hotel booking)
- Equipment rental (surfboard, kayak)
- Tide times (if relevant)
- Recommended beaches for your type of holiday
- Pet-friendly areas (if you have pets)



RESTAURANTS AND FOOD



- Recommended restaurants (reservation)
- Local specialities to try
- Opening times (many close on Mondays)
- Restaurants with options for intolerances
- Local gelaterias and bars



PHOTOS AND MEMORIES



- Charged camera/phone battery
- Power bank
- Storage space (cloud backup)
- Recommended photo spots
- Photo permits (if needed)



BUDGET AND PAYMENTS



- Cash in local currency
- Credit/debit cards (notify your bank)
- Daily budget for activities
- Estimated costs for excursions
- Tips and tipping (local customs)



Final Summary: Your Complete Checklist

Print this page and tick off each section before you leave.

- DOCUMENTS AND BOOKINGS
 - Essential documents
 - Online bookings
 - Important contacts
- LUGGAGE
 - Clothing
 - Hygiene and personal care
 - Beach and sea
 - Health and medicines
- HOTEL AND TRANSPORT
 - Hotel information
 - Transport and parking
 - Navigation and maps
- FAMILY AND PETS
 - Children
 - Pets
 - Family organisation
- HEALTH AND FOOD
 - Medicines and remedies
 - Medical information
 - Food and intolerances
 - Sun protection
- EXPERIENCES AND ACTIVITIES
 - Activities and tours
 - Beach and sea
 - Restaurants
 - Budget and payments

Ready?

Tick everything off and enjoy your stress-free holiday!

Ready for a Stress-Free Holiday?

A truly relaxing holiday starts with good organisation. EF Style Experience takes care of every detail to make your stay simpler, more pleasant and worry-free. Whether you choose a stylish apartment or a welcoming hotel, our goal is one thing only: to send you home with a smile and the best memories.

Design Apartments

Total independence, curated spaces, modern comfort

Attentive Services

24/7 support, complete information, assistance always available

Authentic Experience

Details that make the difference, guaranteed peace of mind, memorable holiday

Discover our stay solutions in Jesolo and start planning your perfect holiday. Contact us today: we are here to help!

